

**HO CHI MINH NATIONAL ACADEMY OF POLITICS**

**LE THI THANH HOA**

**LIFESTYLE EDUCATION FOR YOUTH IN NGHE AN  
PROVINCE TODAY FOLLOWING HO CHI MINH'S  
IDEOLOGY**

**SUMMARY OF DOCTORAL THESIS**

**MAJOR: HO CHI MINH STUDIES**

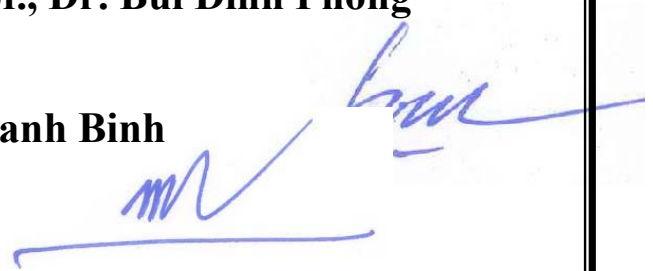
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**The thesis will be defended before the Thesis Evaluation Council at the  
Academy level meeting at Ho Chi Minh National Academy of Politics  
*at 8:00 hour.. date 22 month 4 year 2025***

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## INTRODUCTION

### 1. The urgency of the topic

Throughout his life, President Ho Chi Minh always cared about the youth and persistently educated them on a noble lifestyle so that they would be worthy of their position as the future masters of the country. In his Letter to the Youth and Children of the Whole Country (January 1946), he affirmed: “A year begins in Spring. A life begins in youth. Youth is the spring of society” and urged young people to “be pioneers in practicing a new life”, “to become new citizens, worthy of the Democratic Republic of Vietnam”. He believed that culture was not expressed in anything lofty but in a cultured lifestyle and way of life. Ho Chi Minh’s Ideology on lifestyle education for youth is an essential part of his “cultivating people” ideology with great theoretical and practical value. Along with a simple and humble life, his thoughts on lifestyle education for youth have contributed to forming a widespread movement to build a new lifestyle throughout the country, helping the Vietnamese youth force become increasingly strong, worthy of being the pioneering force, the powerful arm, and the belief of the Party; actively and effectively participate in the revolutionary cause.

Nghe An is a province with a very important geopolitical position in the North Central region, a land with a rich history and culture, a strong revolutionary tradition; the homeland of President Ho Chi Minh. More than 55 years ago, before passing away, he sent his last letter to the Party Committee of Nghe An with the exhortation: “Nghe An is a large province, with rich resources, with hard-working and very revolutionary people. I hope that the people and comrades of the province will strive to make Nghe An soon become one of the best provinces in the North.”

Nghe An is a province with a very important geopolitical position in the North Central region, a land with a rich history and culture, a strong revolutionary tradition; the homeland of President Ho Chi Minh. More than 55 years ago, before passing away, he sent his last letter to the Party Committee of Nghe An with the exhortation: “Nghe An is a large province, with rich resources, with hard-working and very revolutionary people. I hope that the

people and comrades of the province will strive to make Nghe An soon become one of the best provinces in the North.”

Implementing President Ho Chi Minh's profound advice, filled with many expectations for the homeland, in the new revolutionary period, Nghe An province has focused on educating the youth on lifestyle through educational activities, campaigns, emulation movements... contributing to training a team of mature youth in terms of knowledge, skills, ethics, building a healthy lifestyle, forming the awareness of "Living and working according to the Constitution and the law". The majority of Nghe An youth have a strong political stance, are diligent, hardworking, studious, and quick to access information and knowledge. Promoting the good traditions of the people of Nghe An, the youth of Nghe An live in solidarity and affection; are hardworking, and strive to overcome difficulties in life to rise up to establish themselves, start a business, and enrich themselves legitimately. Many young people are shining examples, exemplary in the fields of study, labor, and scientific research.

However, alongside the achievements gained, the work of educating the lifestyle of Nghe An's youth still reveals numerous limitations and shortcomings. Although there have been innovations in content, methods, and approaches to education, they remain monotonous, lacking flexibility and creativity. The leadership, direction, and implementation of lifestyle education for youth by relevant educational actors continue to face various inadequacies. The coordination among families, schools, and society lacks synchronization and, in some localities, remains largely formalistic. In addition, constraints related to funding, resources, mechanisms, and policies from Party committees and local authorities allocated to youth lifestyle education have posed significant challenges, adversely affecting the quality and effectiveness of this educational work.

A segment of the youth has not made sufficient efforts in self-study and self-education; they show signs of irresponsibility toward themselves, their families, and society. The 6th Congress of the Nghe An Provincial Committee of the Vietnam Youth Federation has acknowledged with seriousness that

“there remains a portion of youth demonstrating deviant behaviors, a utilitarian lifestyle, lacking ideals, placing undue emphasis on material values, showing limited law-abiding awareness, and exhibiting apathy and passivity in their attitude toward life” .

These realities demand the formulation of effective solutions to enhance the quality of lifestyle education for Nghe An’s youth in accordance with Ho Chi Minh’s Ideology. The goal is to shape the youth of Nghe An into cadres and citizens of both moral integrity and professional competence—those who are both “red” and “expert.” They must fulfill their pioneering role with a sense of responsibility, continuous innovation, creativity, and solidarity—driving Nghe An to “leap forward strongly and advance far,” becoming “one of the relatively developed provinces of the country” and “a central hub in the North Central region for trade, logistics, healthcare, education and training, science and technology, and high-tech industry and agriculture.” From the above issues, the researcher chose the topic *“Lifestyle education for Youth in Nghe An Province Today Following Ho Chi Minh’s Ideology”* as a doctoral thesis in Ho Chi Minh Studies.

## **2. Research Objectives and Tasks**

### ***2.1. Research Objectives***

To clarify Ho Chi Minh’s Ideology on Lifestyle Education for the Youth, therefore apply it to the Education of Lifestyle Values for Young People in Nghe An in the Contemporary context.

### ***2.2. Research Tasks***

- Overview of the research situation related to the thesis, pointing out the contents that have been researched and the issues that the thesis continues to research.
- Clarifying the basic concepts related to the thesis and Ho Chi Minh's ideology on lifestyle education for youth.
- Analyze the current situation, evaluating the advantages and limitations in lifestyle education for Nghe An youth from 2017 to present and the issues that need to be addressed.
- Analyze the influencing factors, proposing directions and solutions to improve the quality of Lifestyle education for Youth in Nghe An Province Today Following Ho Chi Minh’s Ideology.

### **3. Research Subjects and Scope**

#### ***3.1. Research Subjects***

Ho Chi Minh's ideology on lifestyle education for the youth, and the application of this ideology to educating young people in Nghe An.

#### ***3.2. Research Scope***

- Content: Research on Ho Chi Minh's ideology on the position and role of youth; the necessity of educating youth on lifestyle; the content and methods of lifestyle education for youth through his works, documents, and examples in directing the Vietnamese revolution and research on the work of lifestyle education for youth in Nghe An province.

- Time: The thesis surveys and studies the current situation from 2017 to present, according to the term of the Congress of Ho Chi Minh Communist Youth Union of Nghe An province (term 2017 - 2022 and term 2022 - 2027).

- Space: Survey of the situation of lifestyle education for youth in Nghe An province.

### **4. Theoretical Basis and Research Methods**

#### ***4.1. Theoretical Basis***

The thesis is developed on the theoretical foundation of Marxism-Leninism, Ho Chi Minh's ideology, and the views of the Communist Party of Vietnam on youth and the work of lifestyle education for youth.

#### ***4.2. Research Methods***

On the basis of applying the general methodology of dialectical materialism and historical materialism, the thesis uses the following specific research methods:

- Analysis-synthesis method: used in all chapters.
- Logical method, historical method, combined historical-logical method: mainly used in chapter 2.
- Inductive, deductive, comparative, and comparative methods: mainly used in chapter 1 and chapter 2.
- Statistical method, sociological survey: collecting information related to the work of lifestyle education for Nghe An youth from the youth themselves in the province through questionnaires serving chapters 3 and 4. The use of the

Google Form tool for creating and managing survey forms helps the author conduct online surveys, collect data and store information from the surveys. With 700 collected forms, the author conducted a survey, collected opinions on the basis of which to give general opinions and evaluations.

## **5. Scientific and Practical Significance of the thesis**

### ***5.1. Scientific significance of the thesis***

- Affirming the value and significance of Ho Chi Minh's Ideology on lifestyle education.
- The findings of the thesis may serve as a valuable reference for academic institutions engaged in teaching and research within the fields of social sciences, humanities, and political science.

### ***5.2. Practical Significance of the thesis***

- The thesis can also function as reference material for organizations, unions, and individuals in designing, planning, and directly implementing programs on youth lifestyle education.
- The research contributes to improving the effectiveness of lifestyle education for the youth of Nghe An.

## **6. New contributions of the thesis**

- The thesis distributes to offer a systematic analysis of Ho Chi Minh's ideology on youth lifestyle education: from the position and role of youth; the necessity of lifestyle education for youth, the content and methods of lifestyle education for youth.
- The thesis outlines directions and proposes practical solutions for implementing lifestyle education for the youth of Nghe An based on Ho Chi Minh's ideology, thereby contributing to the fulfillment of the goal of "*developing a model of Nghe An youth in the new era in the direction of civilization, modernity, and humanity*".

## **7. Structure of the thesis**

In addition to the Introduction, Conclusion, References, and Appendixes, the thesis consists of 4 chapters and 11 sections.

## **Chapter 1**

# **OVERVIEW OF THE RESEARCH SITUATION RELATED TO THE THESIS TOPIC**

## **1.1. RESEARCH WORKS RELATED TO THE THESIS TOPIC**

### **1.1.1. Research works on lifestyle, youth lifestyle, and lifestyle education for youth**

Lifestyle is an issue that has been studied very early in Western countries. In Vietnam, since the country's renovation, lifestyle has been an issue of concern to many scientists. The works approach the issue of lifestyle from many different perspectives. These are the issues raised in building a new lifestyle, a new person; the deviant manifestations of lifestyle that need to be prevented; the criteria and solutions for building a new lifestyle. Researching the lifestyle of youth, some works have conducted surveys and sociological investigations to assess the situation of youth and their lifestyle. Some works have proposed directions and solutions to build a cultural lifestyle for youth. This is a valuable source of information, suggesting to the author the approach, identification, and solution of the research problem of the thesis.

### **1.1.2. Research works on Ho Chi Minh's ideology on lifestyle education, lifestyle education for youth and its application to lifestyle education for youth today**

The works all have the same opinion: President Ho Chi Minh paid special attention to building a new lifestyle for youth - the future owners of the country. His guiding thoughts and moral examples have been studied and applied by scientists to build a lifestyle for youth. Each work approaches a different angle and initially clarifies Ho Chi Minh's ideology on lifestyle education for youth, some solutions to apply Ho Chi Minh's ideology to educating a new lifestyle for youth. These are useful documents serving to complete the thesis.

## **1.2. RESULTS OF ACHIEVED RESEARCH WORKS AND ISSUES THAT THE THESIS WILL CONTINUE TO RESEARCH**

### **1.2.1. Results of achieved research works**

*First*, the issue of lifestyle has been approached from many different perspectives such as psychology, sociology, ethics, etc. The authors have



clarified the concept of lifestyle and related concepts such as lifestyle, reason for living, living standards, and lifestyle

*Second*, studies on youth and youth lifestyle have contributed to clarifying the position and role of youth in the social structure as well as in the movement and development of society; while pointing out the characteristics of the lifestyle of Vietnamese youth today. Some works have pointed out the trend of movement, the deviant manifestations of lifestyle in youth and affirmed that preventing value deviations and educating youth on lifestyle is an urgent issue today.

*Third*, researching Ho Chi Minh's ideology on educating a new lifestyle, the authors all affirm that President Ho Chi Minh has left his own, special imprints in the process of creating a new life and he is a bright example in implementing a new lifestyle. It is a lifestyle with morality, ideals, and civilization; expressed through production labor activities, daily life such as eating, dressing, living, traveling, and working.

*Fourth*, research works on Ho Chi Minh's ideology on lifestyle education for youth are very rich in genre and approach. They can be about youth work, youth education, and nurturing the next generation of revolutionaries. There have also been works that focus on specific contents such as youth mobilization work, moral education, revolutionary ideals, aesthetic education, and lifestyle education for youth. Many authors apply Ho Chi Minh's ideology to lifestyle education for youth in the current era, with youth subjects being students, young soldiers, young workers, etc. Some works initially propose tasks and solutions for lifestyle education for youth in the market economy and the current context of international integration.

### **1.2.2. Issues that the thesis continues to research**

*First*, further clarify the concept of lifestyle and related concepts.

*Second*, systematically study Ho Chi Minh's views on lifestyle education for youth: from the position and role of youth; the necessity of lifestyle education for youth, the content, and methods of lifestyle education for youth.

*Third*, apply Ho Chi Minh's ideology to lifestyle education for Nghe An youth.

President Ho Chi Minh always cared about building a new lifestyle, a civilized lifestyle for the new Vietnamese people. In which, he paid special attention to building a new lifestyle for young people - the future masters of the country. His guiding thoughts and moral examples have been studied and applied by scientists in building a lifestyle for youth. Each work approaches a different angle and initially clarifies Ho Chi Minh's ideology on lifestyle education for youth, some solutions to apply Ho Chi Minh's ideology to the education of a new lifestyle for youth. These are useful materials for the completion of the thesis

## **Chapter 2**

### **HO CHI MINH'S IDEOLOGY ON LIFESTYLE EDUCATION FOR YOUTH - SOME THEORETICAL ISSUES**

#### **2.1. SOME BASIC CONCEPTS RELATED TO THE THESIS**

##### **2.1.1. The concept of "Lifestyle"**

Lifestyle is the totality of the fundamental and stable modes of living activity of a subject (including individuals, social groups, communities, classes, and nations), formed in close association with modes of production, values, norms, and social relations within specific historical periods.

It can be affirmed that lifestyle is a central category whose specific manifestations on specific aspects have formed other categories. The stable aspect of lifestyle is way of life, the conscious aspect of lifestyle is the philosophy of life, and the distinct aspect of lifestyle creates a style of life.

##### **2.1.2. The concept of "Youth Lifestyle"**

The youth lifestyle refers to the totality of fundamental and stable modes of living activity among individuals aged 16 to 30. It is expressed across various domains of activity, from daily routines and work habits to attitudes, behaviors, ways of thinking, communication, and interpersonal conduct.

The youth lifestyle is the process of actualizing cultural values through their own lived experiences and activities.

### **2.1.3. The concept of "Educating youth lifestyle"**

Educating youth lifestyle is the purposeful and planned process by which educational agents influence young people to help them form a healthy, civilized lifestyle—one that is responsible to themselves, their families, and society.

### **2.1.4. The concept of "Ho Chi Minh's ideology on lifestyle education for youth"**

Ho Chi Minh's ideology on lifestyle education for youth is a system of views on the necessity of educating lifestyle, the content and methods of lifestyle education for youth. His ideology helps the youth raising awareness about lifestyle, thereby adjusting attitudes, behaviors, ways of thinking, conduct in daily life to perfect personality, lifestyle, develop comprehensively, worthy of being the future masters of the country.

## **2.2. HO CHI MINH'S IDEOLOGY ON THE POSITION, ROLE OF YOUTH AND THE NECESSITY OF LIFESTYLE EDUCATION FOR YOUTH**

### **2.2.1. Position and role of youth**

Ho Chi Minh has repeatedly affirmed: “Youth is the future master of the country”. The prosperity or decline, weakness or strength of the country depends largely on the youth. As the future master of the country, the master to build a new society, the youth must be exemplary and take the lead; they must be pioneers in labor and in study to be worthy of being the powerful arm of the Party; they must implement the slogan "Where the Party needs, there are young people, whatever is difficult, young people can do".

### **2.2.2. The necessity of educating youth on lifestyle**

According to Ho Chi Minh, “The advantage of our youth is enthusiasm and a strong spirit of pioneering”, however, “the disadvantages of youth are a love of formality, lack of practicality, individualism, and "hero" complex. Although young people are enthusiastic, they are not really proactive and

creative in their work. Young people love new things, but they are also easily influenced by bad things, easily provoked and enticed. Besides, in the old society there are many poisons that harm young people. If we know how to orient, educate, and motivate them properly, young people will be passionate about noble ideals, promoting their talents, creativity, and enthusiasm. Therefore, he requested: "Schools, families and youth organizations need to pay attention to the education of thoughts, attitudes, activities and daily life of young people to promptly encourage, shape, and correct", "The Party needs to take care of educating them in revolutionary ethics, training them to become successors in building socialism that are both "politically reliable" and "professionally competent".

### **2.3. THE CONTENT OF LIFESTYLE EDUCATION FOR YOUTH FOLLOWING HO CHI MINH'S IDEOLOGY**

The content of lifestyle education for youth in Ho Chi Minh's Ideology is very broad, expressed in the entire life activities of young people, stemming from the tasks of the revolution and the requirements of life. It is about educating a lifestyle with noble ideals for the Fatherland and the People; living simply, purely, and healthily; always being optimistic, believing in the future of the revolution; always being in control, honest and brave; living kindly, united, responsible to themselves, family, society; upholding revolutionary ethics, fighting individualism, always practicing diligence, thrift, integrity, and uprightness; fighting corruption, waste, bureaucracy; loving science and technology; loving labor, valuing public property; loving the right, the good, the beautiful, loving nature, being aware of protecting the environment; always being conscious of complying with discipline, respecting the law and having a pure international spirit.

### **2.4. METHODS OF LIFESTYLE EDUCATION FOR YOUTH FOLLOWING HO CHI MINH'S IDEOLOGY**

Associated with the content of education, President Ho Chi Minh outlined practical and vivid educational methods. These include propaganda and

mobilization of young people to implement a cultural lifestyle; combining family-school-society education while promoting self-education, training, self-criticism, and review. It is about educating a lifestyle by the method of setting an example, promoting the patriotic emulation movement; improving the leadership capacity of the Party, the effectiveness of State management, and promoting the role of socio-political organizations. All those methods are always flexible, adaptable, and responsive to all situations in education. The system of methods of lifestyle education for youth in Ho Chi Minh's Ideology is not only aimed at transmitting knowledge, creating conditions for young people to learn and promote dynamism and creativity in awareness, in practical activities, but also help them rise to master themselves and master society.

### **Chapter 3**

#### **LIFESTYLE EDUCATION FOR NGHE AN YOUTH IN THE CONTEMPORARY PERIOD FOLLOWING HO CHI MINH'S IDEOLOGY - CURRENT SITUATION AND ISSUES RAISED**

##### **3.1. OVERVIEW OF NATURAL, ECONOMIC, CULTURAL, SOCIAL CONDITIONS AND CHARACTERISTICS OF NGHE AN YOUTH**

###### **3.1.1. Natural conditions**

Nghe An is the largest province in the country - 16,490.25 km<sup>2</sup>, of which the mountainous area accounts for 83%. As a province in the North Central region, Nghe An has all kinds of terrain: high mountains, midlands, plains and coasts, with a tropical climate characterized by hot and dry southwestern Foehn wind (Laos wind) in the summer.

###### **3.1.2. Historical and cultural traditions**

Nghe An is a land of great people and talents. A history full of hardships and challenges has created the personality of the people of Nghe land who are steadfast and chivalrous, generous and honest. On this land, "every era has famous people, every region has many heroes with great talent and ambition" who have made the homeland and country famous. They are shining examples

for many generations of Nghe An youth to follow on the path of establishing themselves, building their homeland and the country.

### **3.1.3. Socio-economic characteristics**

In recent years, Nghe An's economy has maintained a fairly high growth rate, higher than the national average. The fields of culture - society, especially education and health, have made new progress. However, Nghe An's economy still reveals many weaknesses. Economic growth is not sustainable, the structural shift is still slow; budget revenue is not enough to cover expenditures. The living standards and intellectual level in Nghe An are quite different.

### **3.1.4. Characteristics of Nghe An youth today**

Currently, Nghe An youth has more than 700,000 people, accounting for about 22.5% of the province's population. The rate of youth gathering in organizations is 76.8%.

Born and raised in a land rich in revolutionary traditions, natural conditions, harsh climate, contributing to the formation of Nghe An youth with a strong will, resilience to overcome difficulties and challenges, forming in them outstanding personalities such as strength, directness, strictness, frankness and principles in work. Entering the cause of innovation, promoting industrialization and modernization of the country, the majority of youth have promoted the pioneering role and contributed important resources to the socio-economic development strategy of the whole province. However, there are still many young people who cannot integrate with the strict and “harsh” rules of the market economy, are satisfied with their current life, are content with their lot, and lack the will to overcome difficulties to rise up. Some are “infected” with the negative and distorted aspects of society, and fall and degenerate.

## **3.2. THE CURRENT SITUATION OF LIFESTYLE EDUCATION FOR NGHE AN YOUTH IN THE CONTEMPORARY PERIOD FOLLOWING HO CHI MINH'S IDEOLOGY**

### **3.2.1. Advantages and causes**

#### ***3.2.1.1. Achieved advantages***

*First*, the awareness of the role of youth and the necessity of educating them on lifestyle has gradually developed and received due attention.

*Second*, the content of youth work in general and lifestyle education for youth in particular has many innovations.

*Third*, diversifying the ways and methods in youth work and lifestyle education for youth

### ***3.2.1.2. Causes of the advantages***

*First*, the correct guidelines and policies of the Party and State, together with the great and historical achievements of the renovation cause in general and the results of economic, cultural and social development in the whole province in particular, have created a favorable environment and conditions for the work of educating the lifestyle for Nghe An youth.

*Second*, the work of lifestyle education for youth has been paid attention to and directed by the Party committees and governments at all levels.

*Third*, the Provincial Union and the Provincial Youth Union always take the initiative, adhere to the guidelines and action programs of the superiors, promptly develop work programs and plans and implement them into the practical activities of local youth.

*Fourth*, the Provincial Union and the Provincial Youth Union have closely coordinated with the Party committees, the Front, and socio-political organizations. Creating conditions for funding as well as necessary facilities for grassroots union organizations to operate.

*Fifth*, the content of lifestyle education for youth is increasingly renewed, attached to the reality of life.

*Sixth*, the method of lifestyle education for youth is increasingly improved. The application of information technology, social networks and media to convey the content of lifestyle education, connecting the activities of the organization to union members and youth has contributed to spreading good deeds, good stories, and bright examples of cultivating and practicing morality and lifestyle.

*Seventh*, the majority of Nghe An youth have faith in the leadership of the Party and the government, have a good sense of complying with the Party's guidelines and policies, the State's laws and the regulations of the locality.

### **3.2.2. Limitations, shortcomings and causes**

#### ***3.2.2.1. Limitations and shortcomings***

*First*, the process of leadership, direction, organization and implementation of lifestyle education for youth by the Party Committee, the Provincial Youth Union, the Provincial Youth Association and grassroots youth organizations still has certain limitations.

*Second*, although the content of education has many innovations, it is still monotonous, lacks flexibility and creativity, and is not suitable for the subjects and characteristics as well as the aspirations of young people in each locality and unit.

*Third*, the methods and methods of lifestyle education for youth have gradually been renewed but are still slow and not highly effective.

*Fourth*, a part of the youth "has deviant manifestations, has a pragmatic lifestyle", "apathetic attitude, lack of positivity", has not really tried, self-studied, self-educated to rise up.

#### ***3.2.2.2. Causes of the limitations***

*First*, the negative side of globalization and the development of the market economy in our country today have caused social morality to decline in some ways.

*Second*, Party committees, governments, unions, cadres, and party members have not done well in their responsibility to care for, nurture, educate, orient values, and promote the role of the younger generation. Besides, a part of cadres and party members have not upheld their sense of responsibility, lacked role models, and even degenerated and deteriorated. These are bad examples, negatively affecting young people.

*Third*, the coordination between family, school, unions, and society is not close enough. The capacity, level, ability to gather, organize; the proactiveness and creativity of many Union and Association cadres have not met the actual requirements.

*Fourth*, the content, form, and method of lifestyle education for youth are



slow to innovate, somewhat heavy on principles, monotonous, boring, lacking flexibility and attractiveness, not really suitable for the psychology of age groups who prefer new things and creativity, so they lack attraction for young people. Some Union and Association levels have not paid attention to the work of inspecting and supervising the implementation of the principles of organizing activities. The sense of discipline and order in some places is not high.

*Fifth*, the conditions of funding, resources, mechanisms, and policies for organizing activities of the Youth Union and the Youth Association are very difficult and limited.

*Sixth*, the impact of the negative side of the market mechanism and international integration on the lifestyle of young people along with the sabotage of hostile forces with increasingly sophisticated and complex tricks.

*Seventh*, a part of young people has not clearly realized their position, role, and responsibility; has not had enough bravery and determination to overcome difficulties, challenges, and ordinary temptations, wavering in ideals, deviating in awareness. Besides, the increasing number of young people going far away to work has also greatly affected the quality and effectiveness of activities at the local residential units.

### **3.3. ISSUES RAISED FOR LIFESTYLE EDUCATION FOR NGHE AN YOUTH TODAY**

#### **3.3.1. The issue of determining the roles and responsibilities of educational stakeholders in Nghe An's youth lifestyle education**

Lifestyle education for youth needs the attention of Party committees and governments, the joint efforts of the entire political system, organizations, unions and the whole society. It is necessary to raise awareness and strengthen the coordination of Party committees at all levels, agencies, units and localities in educating the lifestyle for youth; promptly orienting, correctly forecasting the situation, adhering to the requirements of political tasks to have the right and timely guidelines and policies; meeting the needs and legitimate aspirations of young people. It is necessary to promote the role of the Ho Chi Minh Communist

Youth Union and youth organizations in the province to grasp the thoughts and feelings of young people, choose appropriate contents and methods to organize lifestyle education for young people effectively. The youth themselves must also determine their role and responsibility, constantly strive to cultivate and train themselves to become young people with a civilized lifestyle.

### **3.3.2. Solving the relationship between mechanisms, resources with high demands in lifestyle education for youth**

Youth activities are mass movements, support for youth needs to be practical, effective, and widespread. This requires both time and material, so it needs to be prioritized over other organizations in terms of funding and management. However, the limited conditions of mechanisms, policies, resources, and funding have caused significant impacts and impacts on the quality and effectiveness of innovation in education methods in general, and lifestyle education methods in particular. Investment in funding, facilities, etc. for youth work in Nghe An still has many limitations, policies for union officials, especially grassroots union officials, are still inadequate. The establishment and organization of union activities in enterprises, especially enterprises with foreign elements and in some border and religious areas, are still difficult.

### **3.3.3. Resolving the contradiction between the qualities and capacities of union and association officials with the high requirements in lifestyle education for youth**

The cadres of the Youth Union and Association at all levels are the master, directly directing and organizing all activities of the youth organization, and representing the collective ownership of union members and youth at the grassroots level. However, in reality, the quality of the cadres of the Youth Union and Association is still limited in terms of expertise, professionalism, and working skills. A number of Youth Union and Association cadres still have a conventional mindset, are not really dedicated, proactive, creative, and do not dare to demonstrate their abilities and opinions at work. The quality of grassroots Youth Union and Association organizations in some specific residential areas

and non-state enterprises is still weak. Some Youth Union and Association cadres at the grassroots level are not enthusiastic, do not go deep into the lives of union members and youth, and have not demonstrated their leadership role among the youth.

### **3.3.4. Solving the relationship between family, school, and society in the work of lifestyle education for youth**

Educating the lifestyle for young people is a long, continuous process that takes place in many different environments, closely related to social relationships, and therefore always requires close coordination and cooperation of many forces, especially families, schools, and society.

## **Chapter 4**

### **FORECASTING IMPACTING FACTORS, DIRECTIONS AND SOLUTIONS FOR LIFESTYLE EDUCATION FOR YOUTH IN NGHE AN PROVINCE TODAY FOLLOWING HO CHI MINH'S IDEOLOGY**

#### **4.1. FORECASTING IMPACTING FACTORS ON LIFESTYLE EDUCATION FOR NGHE AN YOUTH TODAY**

##### **4.1.1. Impact of the world situation**

##### ***4.1.1.1. Impact of the scientific and technological revolution***

The emergence of science and technology has created conditions for both the subject and object of education to have many opportunities to access knowledge, have many ways to create and connect relationships, and have the opportunity to express their positions and opinions. Artificial Intelligence (AI) is playing a transformative role in advancing human development broadly, and lifestyle education specifically. However, the scientific and technological revolution has created a parallel virtual world that exists alongside the real world, making social relationships in the real world increasingly distant, affecting people's behavior and lifestyle, leading to emotional distance, lack of empathy and sharing in relationships between individuals.

#### ***4.1.1.2. Impact of globalization and international integration***

Globalization and international integration change the thinking and awareness of humanity in all aspects, creating conditions for young people to exchange, study, access and absorb scientific achievements, contact with cultures, create mutual understanding, form a dynamic, open lifestyle, and be able to quickly adapt to changes in social life. On the other hand, globalization and international integration also pose many risks of deviating from the national ethical lifestyle, even going against good cultural traditions, losing the cultural identity of the nation.

#### ***4.1.1.3. Impact of the world and regional political situation***

The world is going through a period of complex and unpredictable changes. Global issues and non-traditional security such as food security, energy security, water security, financial security, cyber security, climate change, natural disasters, epidemics, etc. are developing seriously, threatening human life. In that context, hostile forces have carried out the plot of "peaceful evolution" to encourage bourgeois lifestyle, undermine the confidence of the younger generation in the Party's leadership, and gradually fade the goals and ideals of socialism for the future owners of the country.

### **4.1.2. Impact of domestic factors**

#### ***4.1.2.1. Achievements of the renovation process have a positive impact on the thoughts, feelings and lifestyles of young people***

After nearly 40 years of renovation, "our country has never had such a foundation, potential, position and international prestige as it does today". The Party's policies, along with the promotion of anti-corruption efforts, have contributed to increasing the prestige of the Party and the State, creating a favorable environment for young people to contribute and assert themselves, contributing to maintaining and further promoting the foundation, potential and position of the country.

#### ***4.1.2.2. Impact from the negative side of the market economy***

The market mechanism stimulates creative potential, requiring each person to constantly strive to rise up to assert themselves, helping young people to be more dynamic, independent, and more self-reliant. Besides, the negative side of the market economy has a significant impact on young people and their lifestyles, such as emphasizing material values and disregarding the common interests of the community. Fraudulent and negative tricks have been and are impacting the corruption and erosion of traditional moral values, which are major barriers in the process of educating young people in general and educating their lifestyles in particular.

#### ***4.1.2.3. Impacts from the requirements and tasks of socio-economic development of Nghe An***

In order to meet the requirements of practice, effectively carry out the tasks identified in the Documents of the 13th National Party Congress and the 19th Nghe An Provincial Party Congress, along with the goals and requirements of Resolution No. 39-NQ/TW dated 18/7/2023 of the Politburo on *building and developing Nghe An province to 2030, with a vision to 2045*, there are a series of issues that require the Party Committee, the government and the people of Nghe An to make great efforts to solve. To achieve that goal, the Party Committee, the government and the people of Nghe An, especially the youth, need to correctly, fully and deeply perceive the position and role of Nghe An province in the North Central region and the whole country; the responsibility towards the homeland of President Ho Chi Minh; continue to promote historical and cultural traditions, potentials and strengths in natural resources and people; demonstrate aspirations and determination to rise stronger, make greater efforts, create new momentum, overcome difficulties and obstacles, and build Nghe An to develop more and more.

## **4.2. DIRECTIONS AND SOLUTIONS FOR LIFESTYLE EDUCATION FOR NGHE AN YOUTH FOLLOWING HO CHI MINH'S IDEOLOGY**

### **4.2.1. Directions for lifestyle education for Nghe An youth in the Current Context following Ho Chi Minh's ideology**

*First*, firmly apply and creatively develop Ho Chi Minh's ideology in lifestyle education for youth.

*Second*, strengthen the responsibility of the Party, the State, organizations, unions, families, schools, and society in lifestyle education for youth.

*Third*, encourage and create conditions for young people to train and cultivate a cultural lifestyle.

### **4.2.2. Proposed Solutions for lifestyle education for Nghe An youth today following Ho Chi Minh's ideology**

***4.2.2.1. Solutions on enhancing awareness education to form a generation of young people with a cultured lifestyle, nurturing ambitions and aspirations to build a country on par with the world powers.***

*First*, continue to persistently attach importance to education, study, research and application of the Party's policies and resolutions on youth work, especially lifestyle education for young people.

*Second*, build lifestyle standards and new value orientations for youth following Ho Chi Minh's ideology.

*Third*, ensure the political nature and Party orientation in the content of lifestyle education for youth.

#### ***4.2.2.2. Solutions on innovation in lifestyle education***

*First*, educate young people about revolutionary ideals, national self-reliance, and the aspiration to rise up and build a prosperous and happy country.

*Second*, educate young people about the spirit of love for work, the spirit of innovation and creativity.

*Third*, educate young people about cultural lifestyles and civilized behavior.

*Fourth*, educate social practice skills and the courage to integrate into the international community.

#### ***4.2.2.3. Solutions on combining lifestyle education methods***

*First*, diversify forms of lifestyle education and propaganda.

*Second*, closely coordinate between family, school and society in lifestyle education for young people.

*Third*, learning goes hand in hand with practice, theory is linked to practice.

*Fourth*, focus on setting examples of good people and good deeds; prevent, warn and criticize wrongdoings.

*Fifth*, education is associated with competition.

*Sixth*, promote the role of the Youth Union and Association in educating young people about lifestyle.

#### ***4.2.2.4. Solutions for youth self-cultivation, promoting pioneering and exemplary behavior in lifestyle training***

In the comprehensive development of the qualities and abilities of Nghe An youth, objective factors, no matter how important, cannot replace subjective factors. Each youth must identify his or her "3 responsibilities" - responsibility to themselves, responsibility to work and responsibility to the People - to cultivate themselves, uphold the pioneering exemplary role in lifestyle training to progress and mature.

*First*, youth must constantly strive to cultivate and practice lifestyle.

*Second*, youth must promote pioneering and exemplary behavior in lifestyle training.

With the slogan of action "*Nghe An youth aspire - pioneer - create - develop*", youth must be the pioneer force to realize the aspiration of innovation and creativity, bringing Nghe An to develop.

#### ***4.2.2.5. Solutions on inspection, evaluation and improvement of mechanisms and policies***

*First*, regular and comprehensive inspection with focus and key points.

*Second*, preliminary and final review combined with commendation, rewards and discipline.

*Third*, improvement of mechanisms and policies for youth work.

## CONCLUSIONS

President Ho Chi Minh believed that young people are a force capable of "moving mountains and filling seas," the "pillars of the nation"; the country's prosperity or decline, weakness or strength depends largely on the youth. As the future masters of the country, young people must enthusiastically participate in the nation's struggle, take the lead in political, economic, scientific, and technical fields, and at the same time be responsible for guiding the future young generation - that is, the children. If young people are to shoulder their mission, it is necessary to take care of educating and training them to become heirs to build socialism who are both "politically reliable" and "professionally competent."

Lifestyle education plays a very important role for young people. Without a cultural lifestyle, a beautiful lifestyle, young people will lose their direction, not be strong enough to shoulder the future of the Fatherland, the future of the nation; not worthy of becoming the future masters of the country. Lifestyle education for youth is a purposeful, planned, and methodical activity of educational subjects towards young people, helping them form feelings, beliefs, and ideals; adjust attitudes, habits, behaviors, ways of thinking, and conduct in daily life to live more responsibly towards themselves, their families, and society.

Nghe An is a locality in the North Central region, with all kinds of terrain: high mountains, midlands, plains, and coasts. Nghe An has the largest area in the country with many ethnic groups living together. As a "land of great people and talents", Nghe An is famous for its patriotic tradition and revolutionary spirit. This land is the birthplace of President Ho Chi Minh and many celebrities, "many heroes with great talent and ambition."

Over the past years, implementing the Party's renovation path, with the attention and support of the Government, ministries, and branches, especially Resolution 26-NQ/TW of the Politburo on "*directions and tasks for developing Nghe An province to 2020*", Resolution 39-NQ/TW of the Politburo on "*building*



*and developing Nghe An to 2030, with a vision to 2045*”, the Party Committee, government and people of Nghe An have strived to overcome difficulties and rise up and have achieved many achievements in some aspects. “The economy has grown quite rapidly, the quality of growth has been improved, and the economic scale has been expanded”. “The material and spiritual life of the People has gradually been improved; the traditional cultural values of Nghe land have been preserved and promoted; education and training have developed quite comprehensively, and key education continues to affirm its leading position in the country”.

However, until today, Nghe An "is still a province with many difficulties, unable to balance the budget" and thus, Nghe An has not yet "become one of the best provinces in the North" as Uncle Ho hoped during his lifetime, nor has it yet lived up to its role as "the center of finance, trade, tourism, education and training, science and technology, health, culture, sports, and high-tech industry of the North Central region" as the Politburo has set out. That is truly the biggest concern of this land with a rich revolutionary tradition, famous for being "studious" and "good at studying". Building and developing Nghe An "commensurate with its position, role, importance, worthy of being the homeland of President Ho Chi Minh" is defined by the Politburo as "an important political task of the Party Committee, government, people of Nghe An and the whole country”. With that orientation, the Party Committee, government, and people of Nghe An are determined to "Promote the historical, cultural traditions and people of Nghe land, the spirit of self-reliance and the desire to rise up; proactively innovate and create, making Nghe An develop rapidly and sustainably”, striving to "by 2030 become a fairly developed province of the whole country". Therefore, rapid development of human resources, especially high-quality human resources, must be one of the key links to create a "development breakthrough”. The heavy responsibility rests on the shoulders of young people - the class that accounts for 47% of the labor force in the entire province, with youth, and the desire to rise up; dynamic, creative, and

quick to seize opportunities, opportunities, and new technologies. Paying attention to educating young people in all aspects, including lifestyle education, is necessary, contributing to training them to become people who are both "politically reliable" and "professionally competent", strong enough to shoulder their responsibilities.

Applying Ho Chi Minh's Ideology to educating the lifestyle for Nghe An youth in the current period requires attention to educating revolutionary ideals, national self-reliance, and aspirations to rise up to build a prosperous and happy country; educating the spirit of love for labor, the spirit of innovation and creativity; educating a cultural lifestyle, civilized behavior, forming social practice skills and international integration skills. To educate the lifestyle for Nghe An youth, it is necessary to use different groups of solutions. In addition, doing well in inspection and evaluation contributes to grasping the actual situation of the leadership and implementation of youth union work and movements; grasping the needs, aspirations as well as difficulties and obstacles to promptly remove them, contributing to improving the quality of lifestyle education for Nghe An youth. With the participation of the entire political system, the People, and especially the efforts of the youth themselves, it will contribute to promoting the tradition of the Nghe Tinh Soviet homeland, acting with the spirit of "breakthrough - surpassing", by 2030, it will be a fairly developed province of the whole country; by 2045, it will be a rapidly, sustainably, comprehensively, civilized and modern developed province, imbued with the cultural identity of Vietnam and Nghe land.

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